

## Cruising with Kids



Do you want to unwind, relax all afternoon by the pool with a tall cool one? That's what a vacation is for! You want to explore new things, meet new people, play 'til you drop. You can have it all and sometimes you can do it all without compromising, especially when it comes to taking a family vacation. Cruising with kids is becoming popular because many of the top cruise lines offer Caribbean itineraries with special kids programs that will keep your little ones occupied, leaving you plenty of time for you and your spouse, or just yourself.



This is the type of all-inclusive vacation that caters to your every need. Today's ships are equal in services and activities to the finest land-based resorts. Once you're aboard, it's smooth sailing. For 3, 7, or even up to 16 days, imagine being surrounded by warm, blue seas as you sail past the palm-covered shores of the Caribbean.



You can design the vacation of your dreams by choosing the destinations that peak your interest. And by mixing and matching activities such as sports and fitness programs, sunbathing, cultural offerings or pampering yourself at the spa. Or you might just want to surrender to the soothing tropical breezes, and do absolutely nothing. Also plan to enjoy scrumptious cuisine throughout the day and night along with first-class evening entertainment.

When you are cruising with kids you can live it up, and they'll be having the time of their lives with other young sailors playing games, going to parties, making crafts, participating in talent shows, and even learning a few things. Plus, special kids' menus typically feature foods that they just love including fried chicken and fish, pizza, hamburgers, hot dogs, macaroni and cheese, peanut butter and the like. Most cruise lines also provide group-babysitting services for a nominal fee.

Adventures ashore are always an option, with or without the little ones. Maybe a whole day of shopping at a lively port of call such as St. Maarten, St. Thomas, Barbados, San Juan or Ocho Rios. Or horseback riding in the rainforest. Some cruise companies offer shore excursions designed just for families with treasure hunts, sand castle competitions, magic shows and sports activities on a private island.

## Kids Cruise Programs

- Royal Caribbean - Adventure Ocean Youth Program - Run by exceptional, energetic and college-educated staff, the Adventure Ocean program is tailored to fit five separate age groups. The Adventure Ocean Youth Program is included in the price of the cruise vacation. Each member of the program staff holds a degree in education, recreation and/or a related field, or has qualified experience in working with children ages 3-17. In addition, the majority of the staff are certified in CPR and first aid. This program blends educational activities, daily itineraries, ports of call, games, individual and team sports, art, performance and a general good time to keep kids busy.
- Princess - Zone Fun - Junior cruisers are divided into two groups and engage in similar activities. Teen Centers are also offered with a wide range of activities such as bop 'til you drop teens-only disco, the dating game, shipboard Olympics, T-shirt painting, basketball tournaments, Karaoke and lip-sync shows, Casino night, pizza parties and movie fests. On some seasonal sailings, Princess kids and teens can get involved with the California Science Center, an interactive science activity that includes whale

- watching, coral reef studies, marine biology studies, and building and racing sailboats. On a special land excursion, Princess Cays (a private fantasy island) has Pelican's Perch for kids to play all day long.
- Norwegian Caribbean - Kids Crew - The children are grouped by age and receive their own Cruise News detailing daily events. There are also circuses, crafts, parades, sports, games, stories and parties. This program is active, energetic, educational and, most importantly, fun. Whether your kids are at the elaborate children's facilities, taking a dip in one of our pools, or doing any other activity, they will be under the constant supervision of our carefully chosen staff of youth counselors from leading universities and organizations. It's easy to relax when you know your kids are safe and happy. Each child's name, stateroom number, allergies, medications and lifeboat station numbers are written on the back of their Kid's Crew ID bracelets.

Carnival - Camp Carnival - As soon as your children enter the ship they are greeted by specially-trained counselors dedicated to insuring that your kids are safe, happy and having the time of their lives. Many activities are available for each age group, Toddlers (aged 2-5), Juniors (aged 6-8) Intermediates (aged 9-11) and Teens (aged 12-14) such as Sing-Alongs, face painting, arts & crafts, drawings, puppet shows, jewelry making, scavenger hunts, backstage tours, photography workshops , Sega, Nintendo, beach parties, T-shirt painting, ping-pong, dance class and so much more.